

Kung Fu & Art Kid's Camp

Chinese Ornamental Crafts & Martial Arts



There will be two sessions this summer:
Session 1 is June 22 - July 10, 12-5 pm.
Session 2 is July 13 - 31, 12-5 pm.

Both sessions will cover the beginning exercises and forms in the kung fu system.

Daily five hour classes will be divided up with 2 hours for physical practice and 3 hours for art activity, snack, and clean-up.

TRAINING KUNG FU WILL HELP YOUR CHILD

- Build Confidence & Self-Discipline
- Challenge Their Mind & Body
- Teach Leadership While Having a Great Time!
- Respect Themselves, Parents & Teachers



Make your child's Summer '09 unforgettable!!

Last Chance Discount!

10% off until end of registration June 20

Camp Rates: \$375 per session
includes NEW special edition camp t-shirt and material fees!



CALL 804.497.7555

American Martial Arts Association

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 Richmond, VA 23320
 kungfurichmond@gmail.com
 www.kungfurichmond.com

Students may attend both sessions. Students who attend both sessions may qualify to continue in their Ving Tsun Kung Fu Training in our regular children's program that goes on throughout the year. **All students will receive a certificate of completion for each session.**

(This program is not affiliated with the Richmond City Public Schools.)

Session One: June 22 - July 10, 2009 • 12-5pm

Second Annual Lion & Dragon Dance

This three weeks of art and kung fu camp will be devoted to lessons on the cultural and historical significance of martial arts in Chinese culture, the Chinese Lunar New Year, the Festival of Lanterns, and the Dancing Lions and Dragons. Students will explore this through the daily practice of basic Kung Fu, conditioning their bodies to perform the dance. They will be crafting the Lion, the Lion & Dragon masks, Chinese drums, Chinese New Year's crowns to be worn by the drummers, and Frozen Fireworks dancers.



Week 1: construction & hanging of 2 types of Chinese lanterns, frozen fireworks & Chinese drums

Week 2: individual lion masks & large lion construction, head & body

Week 3: finish large lion construction, choreograph dance and accompanying performance, dress rehearsal for dance and kung fu demonstration, last day final performance



Session Two: July 13 - July 31, 2009 • 12-5pm

Chinese Calligraphy, Ink Painting & Paper Crafts

This three week camp of art and kung fu will be devoted to lessons on the cultural and historical significance of martial arts in Chinese culture, Chinese painting and calligraphy, Chinese decorative paper cuts, dancing lion toys, panda & golden dragon puppets and unique plum blossom fans.



Week 1: Chinese painting, calligraphy, & paper cutouts

Week 2: plum blossom fans & dancing lion toy

Week 3: panda and golden dragon puppets, rehearsal for puppet theatre and demonstration on final day of camp



**All student work will be on exhibition held by:
 Moy Yat Kung Fu Academy [see back for details]**